

HbA1c Units Conversion Table

A unit calculator is available at:

<https://www.diabetes.org.uk/guide-to-diabetes/managing-your-diabetes/hba1c>

HbA1c		HbA1c		HbA1c		HbA1c	
mmol/mol	%	mmol/mol	%	mmol/mol	%	mmol/mol	%
40	5.8	70	8.6	100	11.3	130	14.0
41	5.9	71	8.6	101	11.4	131	14.1
42	6.0	72	8.7	102	11.5	132	14.2
43	6.1	73	8.8	103	11.6	133	14.3
44	6.2	74	8.9	104	11.7	134	14.4
45	6.3	75	9.0	105	11.8	135	14.5
46	6.4	76	9.1	106	11.8	136	14.6
47	6.5	77	9.2	107	11.9	137	14.7
48	6.5	78	9.3	108	12.0	138	14.8
49	6.6	79	9.4	109	12.1	139	14.9
50	6.7	80	9.5	110	12.2	140	15.0
51	6.8	81	9.6	111	12.3	141	15.1
52	6.9	82	9.7	112	12.4	142	15.1
53	7.0	83	9.7	113	12.5	143	15.2
54	7.1	84	9.8	114	12.6	144	15.3
55	7.2	85	9.9	115	12.7	145	15.4
56	7.3	86	10.0	116	12.8	146	15.5
57	7.4	87	10.1	117	12.9	147	15.6
58	7.5	88	10.2	118	12.9	148	15.7
59	7.5	89	10.3	119	13.0	149	15.8
60	7.6	90	10.4	120	13.1	150	15.9
61	7.7	91	10.5	121	13.2	151	16.0
62	7.8	92	10.6	122	13.3	152	16.1
63	7.9	93	10.7	123	13.4	153	16.1
64	8.0	94	10.8	124	13.5	154	16.2
65	8.1	95	10.8	125	13.6	155	16.3
66	8.2	96	10.9	126	13.7	156	16.4
67	8.3	97	11.0	127	13.8	157	16.5
68	8.4	98	11.1	128	13.9	158	16.6
69	8.5	99	11.2	129	14.0	159	16.7