24 HOUR URINE COLLECTION INFORMATION SHEET

1. The container should contain a small amount of preservative for the appropriate tests (if required) - **do not discard this preservative** (powder or small amount of liquid).

2. The **first** urine passed after getting up in the morning **should not** be collected.

3. From then on, **all urine passed** during the next 24 hours should be collected into the container provided.

4. The collection will be completed when the urine passed after getting up the following morning is collected into the container.

5. The complete collection should be taken to **Central Specimen Reception** on the ground floor of the BLOOD SCIENCES LABORATORIES located on the Ground Floor of the Bessemer Wing at King's College Hospital.

6. **IT IS ESSENTIAL THAT THE URINE COLLECTION IS PROPERLY LABELLED WITH**:

   YOUR NAME
   DATE & TIME WHEN COLLECTION STARTED & FINISHED
   DATE OF BIRTH & HOSPITAL NUMBER
   WARD OR GP NAME
   CONSULTANT NAME

   ALL UNLABELLED COLLECTIONS WILL BE DISCARDED AND WILL NOT BE PROCESSED

7. A test request form must be handed in with the collection.

8. If a **creatinine clearance** has been requested, a blood sample should either be taken at the end of the collection (in-patient) or when the collection is brought to Central Specimen Reception (out-patient).

9. If **5HIAA** is requested, the following should be avoided for a 24 hour period prior to the start of the collection, and during the collection: bananas, pineapple, tomatoes, plums, kiwi fruit, avocado and nuts.